

Raise \$50 or more for  
*Windham County Special Olympics programs*  
and registration is **Free**



## 2019 Pledge Form

checks payable to

**"Special Olympics of VT"**

Walker's name: \_\_\_\_\_

Company/Team Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Brattleboro, VT  
October 5, 2019

### Sponsor

### Donation

Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____
Name _____	\$ _____

**PLEASE PHOTOCOPY THIS FORM AS NEEDED FOR OTHER TEAM MEMBERS**

Please make checks payable to  
**"Special Olympics of VT"**  
c/o Andy Davis, Windham County Coordinator  
41 West Street  
Brattleboro, VT 05301

Please bring this form and all pledges to the Buddy Walk  
on the day of the event (10/5/19)  
Thank you and we look forward to seeing you at our  
celebration this year.

**When:** October 5<sup>th</sup>, 10 am check in

### **Where:**

This is our 11<sup>th</sup> annual Brattleboro Buddy Walk. Check in will begin at the common in Brattleboro, VT which is located just above the Brattleboro Retreat at the intersection of routes 30 and 5.

### **History:**

The Buddy Walk<sup>®</sup> was developed by the National Down Syndrome Society in 1995 to celebrate Down Syndrome Awareness Month in October and to promote acceptance and inclusion of people with Down syndrome. The Buddy Walk<sup>®</sup> has grown from 17 walks in 1995 to nearly 300 walks planned for 2019 worldwide. In 2018, more than \$14 million was raised nationwide to benefit local programs and services, as well as the national advocacy and public awareness initiatives of NDSS that benefit all individuals with Down syndrome.

## **Support our Special Olympic athletes in Windham County.**

All proceeds from this year's Buddy Walk<sup>®</sup> will go to Special Olympics programs in Windham County.

### **Getting organized**

Start by registering for the walk. You and your family and friends can register either by mail, phone or at [www.BrattleboroBuddyWalk.org](http://www.BrattleboroBuddyWalk.org)

- Recruit friends, families and other buddies to be on your team and get them registered.
- Ask other friends, family members and co-workers to sponsor you for the walk.
- Donation can be made out to "Special Olympics VT" memo: Windham Cty.
- Bring your donations to the walk.

### **Our goals for this Buddy Walk<sup>®</sup> are:**

1. to bring people together throughout the region for a fun day of sharing and support
2. to promote acceptance and inclusion of all people of all abilities.
3. raise funds for Special Olympics programs in Windham County.

### **Who are buddies?**

Whether you have Down syndrome, know someone who does or just want to show your support, come and join the Buddy Walk. Buddies are:

- Family members
- Co-workers
- Teachers
- Medical professionals
- Youth organizations
- Friends
- Neighbors
- Students
- Civic organizations
- Businesses

### **How to raise \$200**

- Start by sponsoring yourself for \$10
- Ask 3 family members to sponsor you for \$10 each.
- Ask four friends to donate \$5 each.
- Ask five co-workers to sponsor you for \$10 each.
- e-mail 9 people and ask for \$10 each.

### **Events**

- Music
- Dancing
- Food
- Kids activities

### **Volunteers**

To find out more about how you can help out visit [www.BrattleboroBuddyWalk.org](http://www.BrattleboroBuddyWalk.org)

### **On site registration**

Registration will be at 10am. All pre-registered walkers will pick up their free t-shirt at that time. Walk in registrations are welcome.